

Menu	Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8	Saturday 9	Sunday 10
Breakfast (Boarders Only)	Miso and Rice Fried Eggs, Turkey Sausage, Hash Browns, Fresh Fruit	Miso and Rice, Scrambled Eggs, Bacon, Potato Pancakes, Fresh Fruit	Miso and Rice Boiled Eggs, French Waffles, Sausages, Whipped Cream, Syrup, Fresh Fruit	Miso and Rice, Build your own Breakfast Wrap, Scrambled Eggs, Hash Browns, Fresh Fruit	Miso and Rice, Eggs Benedict, Wedge potatoes, Fresh Fruit	Cold Breakfast	Cold breakfast
Soup	Beef Barley Soup	Mushroom Soup	BBQ Day	Cream of Vegetable Soup	Carrot and Ginger Soup		
Lunch Cold Choice	Pesto Chicken Salad Sandwich on Potato Scallion buns	Apple Fennel Salad	Roasted Sweet Potato Salad with Arugula and Feta	Beets Salad with Goat Cheese and Mandarins, Orange Vinaigrette	Salmon Salad on Croissant		
Lunch Hot Choice	Pizza Bagels, Spinach Salad	Marry Me Italian Sausage Bowtie Pasta, Caprese Salad	BBQ Marinated Chicken Breast, Potato Salad, Chopped Green Salad, Fresh Fruit Salad	Build your own Beef Dip, Mashed Potatoes, Broccoli	Greek Lemon Chicken Pita Wraps with Garlic Feta Sauce, Greek Rice, Greek Salad	Brunch	Brunch
Vegetarian Lunch	Same; Cheese Sandwich	Vegetarian Pasta; Same Salad	Marinated Grilled Tofu; Same Salad	Grilled Veggie Sandwich; Same	Roasted Veggie wrap with Hummus; Cheese sandwich		
Afternoon Snack	Cookies, Bananas	Vanilla Yogurt Parfait Bar	Rice Krispie Squares, Grapes	Strawberry muffins, Orange Slices	Charcuterie, Strawberries		
Dinner (Boarders Only)	Chicken Strips, Dips, Onion Rings, Caesar Salad	Scallion Ginger Baked Salmon, Chinese Garlic Green Beans, Sticky Rice	Mexico Cultural Cheese Quesadilla with Salsa and Guac, Build your own Chilaquiles Verde w/Cilantro Crema, Salsa Verde, Flan	Chicken Marbella, Roasted Sweet Potatoes, onions, Squash and Carrots	Spicy Shrimp Tacos, Spicy Mayo, Mango Salsa, Guacamole, Sour Cream, Coleslaw, Tortilla chips	Chef's Choice	Mapo Tofu with Beef, Sticky Rice, Steamed Snap Peas and carrots