

Menu	Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21	Saturday 22	Sunday 23
Breakfast (Boarders Only)	Miso and Rice, Scrambled Eggs, Sausage Patty, Hash Browns	Miso and Rice, Waffles, Syrup, Sausage, Fresh Fruit	Miso & Rice Continental Pastries, Muffins, Smoothies, Boiled Eggs, Oatmeal	Miso & Rice, Fried Egg, Bacon, Hash Brown Patties, Fresh Fruit	*7:30 Breakfast Miso & Rice, Bacon, Poached Egg, Hash Browns, Mini Croissant	Continental in Dorms	
Soup	Cream of Mushroom	Carrot and Ginger Soup	No Soup	Chef's Choice	No Soup		
Lunch Cold Choice	Lemony Chickpea Salad	Shrimp Salad Sandwich	Quinoa & Orzo Salad	Roast Beef Sandwich			
Lunch Hot Choice	Chicken Fajitas, Peppers, Onions, Wraps, Mexican Salad	Spaghetti and Meatballs, Caesar Salad, Garlic Toast	BBQ Day, Potato Chips, Tossed Green Salad, Sweet Potato Salad, Ice Cream treat	Chicken Strips, Poutine, Salad Bar	Sandwich Bar – 11AM to 1PM Speech Day Luncheon 11:30	Brunch	
Vegetarian Lunch	Veggie Strips; same Salad	no Bacon; same	Vegetarian Burger; same Salad	Honey Garlic Veggie Chicken; Veggie Sandwich			
Dinner (Boarders Only)	Beef Stroganoff, Garlic Toast, Caesar Salad	Crispy Chicken Wings, Onion Rings, Oven Roasted Vegetables	Pork Fried Rice, Spring Rolls, ...and more	Equestrian BBQ	Chef's Choice	Chef's Choice	