| Menu | $\begin{gathered} \text { Monday } \\ 29 \end{gathered}$ | Tuesday 30 | Wednesday 1 | Thursday 2 | Friday 3 | Saturday 4 | Sunday 5 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast <br> (Boarders Only) | Miso and Rice, French Toast, Syrup, Fruit Sauce, Bacon | Miso and Rice, Fried Eggs, Sausages, Hash browns | Miso \& Rice <br> Continental Pastries, <br> Muffins, Smoothies, <br> Boiled Eggs, <br> Oatmeal | Miso \& Rice, Poached Eggs, Sausage Patty, Cheese, Croissant, Potato Patties | Miso and Rice, Scrambled Eggs, Bacon, Hash Browns | Continental in Dorms | Continental in Dorms |
| Soup | Chef's Choice | Minestrone | No Soup | Tomato Basil Soup | Cream of Chicken Soup |  |  |
| Lunch Cold Choice | Shrimp Salad on a Croissant | Bacon, Spinach and Orzo Salad | Greek Salad | Corned Beef and Swiss Sandwich on Rye Bread | Lemon Basil Chicken Salad |  |  |
| Lunch Hot Choice | Havana Moon Chili, Mini Ciabatta Buns, Roasted Corn Salad | Chicken and Vegetable Pasta Alfredo, Garlic Toast, Salad Bar | BBQ - Smokies, Buns, Fixings, Potato Chips, Green Salad, Watermelon, Ice Cream Sandwiches <br> For Primary: Hot Dogs | Grilled Cheese <br> Sandwich, <br> Poutine, <br> Salad Bar | Mongolian Beef, Bok Choy and Sui Choy, Sticky Rice | Brunch | Brunch |
| Vegetarian Lunch | Veggie Chili; Veggie Sandwich | Vegetarian Tacos; Bacon Free Salad | Veggie Sausages; same Salad | Mongolian Vegetable Stew; Veggie Sandwich | same; Veggie Sandwich |  |  |
| Dinner <br> (Boarders Only) | Char Sui (Chinese BBQ Pork), Sticky Rice, Asian Roasted Green Beans | Chicken, Corn, Cheese, Tomato Quesadilla, Salsa, Sour Cream, Guacamole, Black Bean Salad | Rendang Meat Pie; Thai Basil Fried Rice, Thai Cucumber Salad | Korean Baked Chicken Thighs, Sticky Rice, Chef's Choice Vegetables | Fish and Chips, Coleslaw | Moroccan <br> Beef, <br> Vegetable and <br> Chick Pea <br> Stew, <br> Couscous Pilaf | Pork Tenderloin w/ Apple Thyme Sauce, with Apple Fennel Rice, Braised Red Cabbage |

