

FOR IMMEDIATE RELEASE

QMS REWARDS ATHLETIC SUCCESS

Hardware handed out for athletic achievement in 2014-2015

May 27, 2015 - Duncan, BC, Canada – Queen Margaret’s School was excited to hand out awards to top athletes at a recent Athletic Awards banquet held May 21, 2015 at Duncan Meadows Golf Course.

Several young women were repeat winners throughout the evening, such as *Emma Wadsworth* (Grade 10) who won the Offensive Player of the Year award in field hockey and most improved player for basketball, *Antonia Spiteri* (Grade 12) who won both the senior volleyball MVP and Spirit of the Royals Award, and *Madison Heisterman* (Grade 9) who was unable to attend the event, but earned the cross country MVP award and the Dunlop Trophy for progress in riding in Grades 9-10.

Other multiple winners of the night included *Aki Yamamoto* (Grade 10) who won Defensive Player of the Year for soccer and the Junior PE Award. Graduating athlete *Mckaylee Catcher* was awarded for her dedication to sport with the senior basketball MVP plaque and the Senior Athlete of the Year cup. Her sister, *Kelsea Sebastian*, earned similar hardware with the Junior Athlete of the Year cup.

“I am proud of our athletes’ accomplishments,” says Wilma Jamieson, Head of School. “As Canadian Olympic rower Theresa Luke shared with our students at the banquet, being actively engaged in athletics teaches us determination and enflames our courage to try new things to broaden our world view. These are valuable life lessons any young person can take forward with them into the future.”

Media, please review the attached document for a comprehensive list of winners and awards.

About Queen Margaret’s School

Established in 1921, **Queen Margaret's School (QMS)** is located on 27 country-like acres in Duncan, BC. QMS offers a co-ed Early Childhood Education program, co-ed Junior School (Kindergarten-Grade 7), University-Preparatory High School for girls (Grades 8-12) and all girls Boarding School (Grades 6-12). Queen Margaret’s School is home to Canada’s *only* on-campus school English Equestrian Program and an intensive ELL Program. The school’s comprehensive scholastic and extra-curricular program provide opportunities for achievement and personal growth through academics, sports, visual and performing arts, riding and community service. We prepare students for university, for higher education, for life.

For more details about Queen Margaret’s School, please visit the school’s website at www.qms.bc.ca.

-30-

For more information or to arrange an interview please contact:

Hayley Picard
 Communications Coordinator
 Queen Margaret’s School
 250-746-4185 ext. 107 | hpicard@qms.bc.ca

660 Brownsey Avenue
 Duncan, British Columbia, Canada V9L 1C2
 T (250) 746-4185 | F (250) 746-4187 | admissions@qms.bc.ca

www.qms.bc.ca

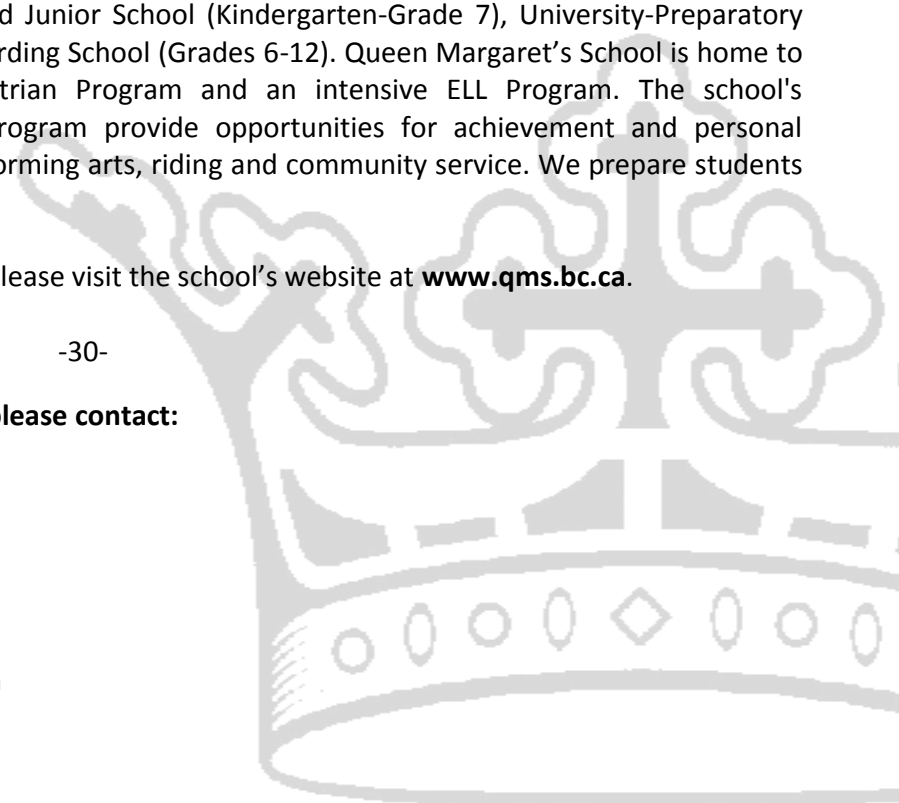




Photo: QMS athletes were rewarded for their hard work at the school's recent Athletics Banquet held at Duncan Meadows Golf Course. (Left to right back: Antonia Spiteri, Lillian Jiang, Echo Long, Aki Yamamoto, Mako Shibata, Valetina Torres Zubieta and Kelsea Sebastian. Left to right front: Leah Kreigler, Fernanda Molina Perez Diez, Justine Cha, Alexis Elliott and Mckaylee Catcher.)



Photo: QMS students *Alexis Elliott* and *Antonia Spiteri* celebrate their athletic awards at the school's recent awards banquet.

QUEEN MARGARET'S SCHOOL



2014-2015 QMS Athletic Award Winners

<u>Sport/Team</u>	<u>Coach</u>	<u>Student</u>	<u>Awards</u>	<u>Hometown/Country</u>
<i>Senior Field Hockey</i>	Mrs. Kirstin Bains			
		Madison Cattral	Most Improved Player (MIP)	Edmonton
		Karlie Castle	Defensive Player of the Year	Duncan
		Emma Wadsworth	Offensive Player of the Year	Duncan
		Chastine Yiu	Most Valuable Player (MVP)	Hong Kong
<i>Junior Volleyball</i>	Mr. Wade Ingledew			
		Claire Li	MIP	China
		Kyra Gurski	Coach's Award for Dedication	Duncan
		Sierra Tanner	MVP	Mill Bay
<i>Senior Volleyball</i>	Mr. Andy Young & Mr. Han He			
		Rina Fukutani	MIP	Japan
		Antonia (Toni) Spiteri	MVP	PEI/UAE
<i>Swimming</i>	Ms. Nicole Lorusso			
		Alyssa Andress	Spirit Award	Salt Spring Island
		Reina Yano	MIP	Japan
		Lalaine Gower	MVP	Duncan
<i>Cross Country</i>	Ms. Debbie Cook			
		Naomi Liu	Coach's Award	Chemainus
		Madison Heisterman	MVP	Nanaimo

<i>Badminton</i>	Mrs. Carol Ingledew			
		Lily Li	MIP	China
		Mako Shibata	MVP	Japan
<i>Senior Basketball</i>	Ms. Kristin Bains			
		Emma Wadsworth	MIP	Duncan
		Mckaylee Catcher	MVP	Nanaimo
<i>Equestrian</i>	Ms. Carol Newington			
		Justine Cha	Timber Trophy (Trophy)- Highest Percentage Awarded in a Competition	Mill Bay
		Emily Cake	Most Improved Rider (MIR)	Nanaimo
		Kassidy Ruelle (Keith)	Most Valuable Rider (MVR)	Nanaimo
<i>Senior Soccer</i>	Ms. Stacy Paton & Mr. Dominic Smith			
		Willow Paras-Charlton	MIP	Cowichan Bay
		Christina Dicarlo	Offensive Player of the Year	Milly Bay
		Aki Yamamoto	Defensive Player of the Year	Japan
		Gabriela Delgado	MVP	Duncan
<i>Golf</i>	Mr. Dominic Smith & Ms. Elizabeth Tarkowski			
		Jody Hender	MIP	Duncan
		Valentina Torres Zubieta	MVP	Mexico
<i>Track & Field</i>	Mr. Andy Young & Mrs. Kirstin Bains			
		Kira Keir	MVP	Crofton
Major Athletic Awards				
		Winter Koyote	Midget PE Award	Duncan
		Aki Yamamoto	Junior PE Award	Japan
		Camila Delgado	Senior PE Award	Duncan
		Leah Kreigler	Midget Equestrian Program Award - Vernon Trophy (Grade 7/8)	Courtenay
		Madison Heisterman & Echo Long	Junior Equestrian Program Award - Dunlop Trophy (Grade 9/10)	Nanaimo & China
		Lillian Jiang	Senior Equestrian Award - Burton Cup (Grade 11/12)	China

		Fernanda Molina Perez Diez	Midget Athlete of the Year	Mexico
		Kelsea Sebastian	Junior Athlete of the Year	Nanaimo
		Mckaylee Catcher	Senior Athlete of the Year	Duncan
		Alexis Elliott	Coaches Award (Good Sportsmanship/Best dedication)	Duncan
		Antonia Spiteri	Spirit of the Royals Award	PEI/UAE
		Gabrielle Austin	Sports Captain Award	Nanaimo
		Rashi Bishnoi	Sports Captain Award	Duncan
		Crystal Leung	Sports Captain Award	Hong Kong
		Sayak Kashiwa	Sports Captain Award	Japan
		Connie Wei	Sports Captain Award	China
660 Brownsey Avenue				
Duncan, British Columbia, Canada V9L 1C2				
T (250) 746-4185 F (250) 746-4187 hpocard@qms.bc.ca				
www.qms.bc.ca				